



Health and Wellness

1 Alcohol and Drug Use Services

Fairfax Detoxification Center

Short-term residential substance abuse program for adults to safely detoxify from the effects of drugs and/or alcohol. Services include medical detoxification, buprenorphine detoxification, outreach and social detoxification.

 [Visit Website](#)

[24/7 Hotline 1-800-272-3900](#)

(703) 300-1751

Info@mcleancva.org

www.mcleancva.org





Health and Wellness

2

Alzheimer's Diagnosis and Treatment

Diagnosis of Alzheimer's Disease and Dementia

Alzheimer's Association information about diagnosing Alzheimer's disease.



[Visit Website](#)

800-272-3900

Memory Disorders Program, Georgetown Hospital Medical Center, Department of Neurology

Providing state-of-the-art clinical services for Alzheimer's disease and related disorders and conducting research aimed at improving treatment options.

[Visit Website](#)

202-784-6671

(703) 300-1751

Info@mcleancva.org

www.mcleancva.org



McLean CVA



Health and Wellness

3

Cancer

American Cancer Society, Northern Virginia Area

American Cancer Society events are inspiring, uplifting, and great at bringing the fight against cancer directly into your community. Join the spirit of camaraderie and compassion as we work together to save lives from cancer.

 [Visit Website](#)

800-272-3900

(703) 300-1751

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Health and Wellness

4

Hearing Loss

Happy Hands Club/Deaf Senior Citizens

Happy Hands is a group of seniors who use Sign Language and meet monthly for potluck lunches, trips, workshops and other activities!

 [Visit Website](#)

800-272-3900

Northern Virginia Resource Center for the Deaf and Hard of Hearing (NVRC)

The Northern Virginia Resource Center for Deaf and Hard of Hearing Persons serves a diverse range of people, including the deaf, deaf-blind, late-deafened, hard of hearing, parents with deaf and hard of hearing children, children of deaf and hard of hearing parents, educators, sign language teachers and students, hearing aid users, people with cochlear implants, people with tinnitus, and people with auditory processing disorders.

 [Visit Website](#)

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Health and Wellness

4

Health Care Advocacy

Agency for Healthcare Research and Quality

AHRQ offers the latest evidence-based information for improving your health. Be more involved in your health care and learn what questions to ask your doctor.

 [Visit Website](#)

(301) 427-1364

Human Services Resource Guide (HSRG)

The Human Services Resource Guide (HSRG) is an online database that contains information about services available to Fairfax County residents ranging from:

- Food
- Clothing
- Housing
- Transportation
- Recreation
- Support Services
- And much more

 [Visit Website](#)

703-222-0880 - HSRG@fairfaxcounty.gov

Joint Commission

Institutes and inspect safety measures & procedures for patients in institutional settings.

 [Visit Website](#)

630-792-5800

(703) 300-1751

Info@mcleancva.org

www.mcleancva.org





Health and Wellness

6

Medicare Health Finder

Medicare: Dialysis Facility Compare

Medicare - See new Quality Incentive Program. Data that links quality to payment.

 [Visit Website](#)

Medicare: Find a Doctor

Physician Compare has information about Medicare-enrolled Physicians and Healthcare Professionals.

 [Visit Website](#)

Medicare: Home Health Compare

Find a Home Medical Health Care Agency

 [Visit Website](#)

Medicare: Hospital Compare

Medicare has new data that links Quality to Payment and Medicare's Hospital Value-Based Purchasing Program scores.

 [Visit Website](#)

(703) 300-1751

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www.mcleancva.org



Health and Wellness

6

Medicare Health Finder

Medicare: Nursing Home Compare

Use this Home Health Agency Checklist.

 [Visit Website](#)

Medicare Plan Finder

Complete general or personalized plan search. Personalized search may provide more accurate cost estimates and coverage information

 [Visit Website](#)

(703) 300-1751

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Health and Wellness

7

Mental Health Services

Community Services Board of Fairfax-Falls Church

The Fairfax-Falls Church Community Services Board provides services for people of all ages who have mental illness, substance use disorders and/or developmental disabilities.

 [Visit Website](#)

The Women's Center

Provides counseling and workshops for families and relationships.

 [Visit Website](#)

703-281-2657

(703) 300-1751

Info@mcleancva.org

www.mcleancva.org





Health and Wellness

8

Wellness, Educational Senior and Geriatric Programs at Local Hospitals

George Washington Hospital

Senior Advantage Program: Membership program for age 65+ for one-time fee of \$10 per individual or \$15 per couple. Free and discounted services. Members also receive invitations to health screenings and seminars.

 [Visit Website](#)

202-715-4263

Inova

Health & Well Classes & Joanne G. Grantz, MD, Geriatric Resource Center. Most comprehensive range of services for seniors.

 [Visit Website](#)

703-281-2657

Sibley Hospital/Johns Hopkins

Senior Association -- Classes & Lectures, health screenings among other benefits, one-time fee of \$40 for one person or \$65 for a couple.

 [Visit Website](#)

202-364-7602

Virginia Hospital Center

Senior Associates: yearly fee of \$45 (single person) or \$65 (couple) -- Classes & Lectures, blood screening, among other benefits. Exercise programs for additional fees.

 [Visit Website](#)

703-558-6970

(703) 300-1751

Info@mcleancva.org

www.mcleancva.org





Health and Wellness

9

Non-Profit Assistance

Shepherd's Center of McLean-Arlington-Falls Church (SMAFC)

Transportation, Companion Shopping, Doctor, Pharmacy, Handy Helpers, Friendly Callers, In-Home Visitors & More

 [Visit Website](#)

703-506-2199

Fairfax County Services for older Adults

- Adult Day Health Care Center
- Adult Protective Services
- Care Management/ Social Work
- In-Home Care
- Medicare Counseling/ VICAP
- Meals on Wheels
- Nursing & Assisted Living Facilities
- Senior Centers & Recreation
- Transportation & Much More

 [Visit Website](#)

703-324-7984

Fairfax County Health Department - Helping Hands Stroke Club

Weekly group meetings for stroke survivors and their caregivers

 [Visit Website](#)

703-246-7120

(703) 300-1751

Info@mcleancva.org

www.mcleancva.org

